



# Parent Tips

## Keeping everyone informed

How do you keep everyone informed along the way? There are lots of resources to help you...

[Caringbridge.com](http://Caringbridge.com) is a FREE website where you can set up a family page to keep your friends and family informed.

Facebook, Snap Chat, and Instagram are some of the ways to keep your child connected to their friends during treatment. Setting up a Facebook page just for your child can be a great source of support during your journey and also allow your child to feel connected to family and friends.

*"Change your answering machine message every few weeks so that the people who are calling to see how the child is can hear what is going on and then you will not have to call them back."*

*"During the initial period when James was diagnosed, I found it draining to tell over and over again the events that led to his diagnosis and to keep concerned but more distant loved ones abreast of James' progress. A social worker suggested I have some other family member keep friends and family updated and that arrangement gave me a lot of relief. I was overwhelmed by the outpouring of kindness and generosity of others and gained a humbling appreciation for being on the receiving end of charity."*

*"It is always difficult to share your family problems with others but we found that telling our daughter's classmates, friends and neighbors was very helpful. Many people in our community sent cards and gifts. Many times when she was feeling down she would get something in the mail and it would cheer her up. It also helped to make her feel that she was not alone and that people had not forgotten her."*

*"If your child is not of school age, call your local churches or civic organizations (girl scouts or boy scouts, etc) and ask them for help or prayers. There is a lot of support to be gotten there."*