



Parent Tips

About Hair Loss

Hair loss from chemo and radiation can be one of the most difficult side effects for children, especially teens. Preparing yourself and your child can help to make the transition a bit easier. It is important to keep in mind that it will grow back.

Good informational website: americanhairloss.org/children_hair_loss/hair_loss_with_cancer.asp

“Address the obvious. When our daughter’s gorgeous hair started falling out, we were all in denial at first. When it became obvious that it was indeed coming out, we casually mentioned it to her, to see if she noticed... of course she had! She was waiting for us to tell her why! Again, we stressed it was only because of the medicine that was helping her to get better and stay better.”

“At first our daughter was very self-conscious about losing her hair so we got her a wig. The Hair Club for Men provides wigs to children being treated for cancer. It looked very nice on her but after a few occasions she decided she was happier without it. Having the wig was very important however, because SHE got to decide whether she would have hair or not. That meant a lot to her.”

“Our daughter really liked getting and wearing different hats and scarves. It was a great gift to give her. We had fun making scarves at home and decorating them with diamonds and rivets.”

“My son lost all but about 30 strands of hair; he brushed it every day and was very happy to have it.”

“When our 3-year-old daughter started to lose her hair, we sat her down to tell her about the ‘Hair Fairy.’ It comforted her to know this special fairy would soon pay her a visit to borrow her hair just for a little while, so that another child who needed it more would be able to use it. The Hair Fairy, understanding her sacrifice, was also known to surprise special little girls and leave unexpected gifts... Over her many months of treatment, she received numerous magical gifts, including a room makeover from Circle of Care’s Art from the Heart team!

fairies! And then as promised, a little more than a year later, when the other

child was finished borrowing her hair, the Hair Fairy returned it to our daughter, good as new."

"When the hair was falling out fast and furiously I suggested to my son that he show his dad by pulling it out, in front of him, just as he walked in. It helped us all to laugh."

"My son said that once he lost his hair no one in the elevator or walking through the halls of the hospital would look at him. I learned to always look at the children, say hello and treat them as normally as possible."

"A lot of friends and family sent hats. It was a great gift and much appreciated. We had a hat party and everyone had to wear one."

"Let your child decide how to handle their hair loss. My 3 ½ year old was very nonchalant about her 'bald is beautiful' look. We always accentuated the positive, talking about how now we could see her beautiful eyes so clearly, how soft the new hair growth was, and I always made a point of kissing her on the top of her noggin!"

"When my 10-year-old son returned to school, all of his friends had shaved their heads so he wouldn't feel different. That was an amazing day."

www.WigsForKids.org

Wigs for Kids is a nonprofit organization that provides hair replacement solutions for children affected by medical hair loss.

www.LocksOfLove.org

Locks of Love provides high quality hair pieces to financially disadvantaged children (ages 0-18) suffering from long-term medical hair loss as a result of any diagnosis